



*The Joint Charges of St John's Johnstone &
St Margaret's Renfrew*

www.SECStJohnStMargaret.org.uk



Lent 2019

This leaflet gives an account of how we are keeping the season of Lent in our churches and has a list of activities and worship you can join in with to keep a good Lent.

Collect for Ash Wednesday

O Lord,
grant that your faithful people
may enter this season of penitence with faithfulness,
and complete it with steadfast devotion;
through Jesus Christ, our Lord,
who lives and reigns with you,
in the unity of the Holy Spirit,
one God, world without end. Amen



LENT begins on ASH WEDNESDAY 6 March 2019
our **ASH WEDNESDAY Communion** services are at

**St John's 2pm &
St Margaret's 7pm**

You may receive the Lent ashes on your forehead at either service.



The Regional Lent Course is 7pm-9pm

Bible Study



on 13 Mar Port Glasgow, 20 Mar Bridge of Weir, 27 Mar at Holy Trin Paisley, 3 April at Gourrock, 10 April Kilmacolm studying Ecclesiastes and led by Lay Reader Gerrard simple Lenten refreshments will be served.

Keeping Lent....

We are given the season of Lent as a gift, an opportunity to draw closer to God. It is a time when we often choose to FAST by giving something up and giving the saved money to a good cause. It is a time when we make an extra discipline to pray: by attending an extra service or prayer event. It is also a time when we follow a LENT COURSE and learn more about, as well as develop, our relationship with Christ. As is says on our diocesan website *"During Lent many people try to live more simply, foregoing some luxury they enjoy and giving the money they have saved to charity. Others take up new interests and tasks. Mindful that this is, above all, a time for prayer and reflection many of our Churches hold weekly study groups during Lent to which all are welcome. Flowers are again absent from Church during Lent and purple or unbleached white vestments symbolising penitence and simplicity are worn."*

A Lent Course for our 2 Churches



Walking Together with Jesus

There are paper copies of the course available in church for you to use each day in Lent at home. Follow the day and the use the prayers that are given. You can

follow the course online at www.lentretreat.uk or use the books.

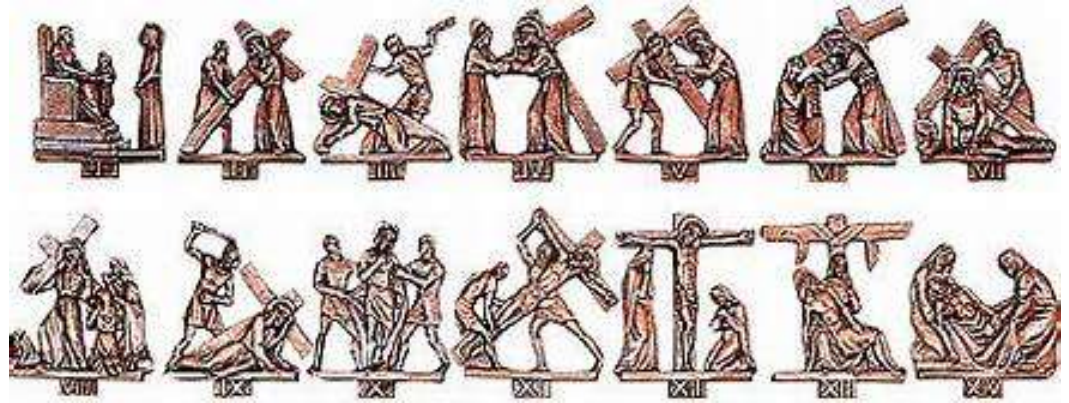
Each week there will be opportunity to gather together and discuss how it has been going. These will be after the Wednesday Communion Services in the afternoon at St Johns and in the evening at St Margaret's. Come to either.

It is thanks to a generous donor that the booklets and website has been made possible. If you would like to donate towards the work of the Jesuits follow the instructions in the booklets on page 104 or give the Rector a gift to pass on to the Ignatian Spirituality Centre in Glasgow. We thank them for offering us ecumenically to join in this course – do tell friends and family about the website so that they may join in too www.lentretreat.uk

Stations of the Cross

7.30pm at St Margaret's Church

Each Friday evening in Lent



we shall pray the stations of the cross. This traditional Lenten prayer from our catholic roots offers us ways to reflect on Christ's journey to the cross and how it can relate to our living today. With images, film, music and song we shall approach the Stations in a different form each week.

At the end there will be an opportunity to talk about 'how it was for you'

Bring a bottle to share or have a cup of coffee/tea as we chew over our experiences.



**YOU GOTTA
NOURISH
TO FLOURISH**

Spiritual Flourishing – on Saturday mornings

10am till 12noon at St Margaret's Renfrew
23 March, 30 March, 6 April & 13 April

We shall be learning and practising spiritual practises to help us flourish and draw us closer to God. Each Session will have refreshments and input, activity, silence and reflection together. Look out for the next leaflet for the sessions coming out in a few weeks – put the dates in your diary.

Spiritual Conversation & Confession are a significant part of our Lenten observance. This is best done on a 1 to 1 basis and the rector is happy to see people who would like to take 40mins to talk about their prayer life as we journey through Lent. Please just say 'I'd like to talk' and the Rector will arrange a time to spend with you.



Our Weeks in Lent 2019



Fridays 7.30pm **Stations of the Cross**

at St Margarets Renfrew

followed by holy conversation over a bottle or a cuppa

Saturdays 10am to midday at St Margarets Renfrew

Spiritual Flourishing – learning and doing prayer

with holy conversations

Sunday Services 9.45am Holy Eucharist at St Johns Johnstone

11.30am Holy Eucharist at St Margarets Renfrew

Wednesdays

2pm St Johns Midweek Communion *followed by Lent Course group*

7pm St Margarets Midweek Communion *followed by Lent Course group*

7pm Regional Lent Course moving around the Region

Tuesday evenings at 7pm there is an Ecumenical Lent Group for the Lent Course at St Columba's Catholic Church in Renfrew – all are welcome to attend

Daily – do your Lent course either from the booklets or online at www.lentretreat.uk

Other daily bible reading

You can follow the daily Lenten bible readings from the Lectionary and they can be found online at <https://lectionary.library.vanderbilt.edu>

Also the Apps **Lectionary** and **Sunday Worship** can be downloaded for free from the App Stores.

All use the NRSV version of the Bible which we use in church.

Contact the Rector: Rev'd Reuben Preston 07971 895897
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